

Free Employee Assistance Program (EAP)

Resources for managers and supervisors

Everyone has problems. But when trouble strikes one of your employees, your organization could be in for a tough time, too. Personal problems can hurt work performance and can be difficult for supervisors and managers to address effectively.

Unlimited phone consultations to help handle difficult workplace situations – sooner, not later

Talking to employees about difficult situations can be tricky. EAP phone consultations are a safe and neutral way to sort through emotions and be prepared for a difficult conversation.

- There's no limit to the number of consultations your managers and supervisors can have.
- All discussions with the EAP are confidential.

We're here when you need us

Call us at 800-999-7222 or visit anthemeap.com and enter your program name: SISC.



- Licensed EAP clinicians knowledgeable in workplace issues provide the consultations.
- The EAP does not provide advice on district policies and will always refer the employee to Human Resources for this information.
- The EAP is a great resource for troubled employees and those affected by a reduction-in-force. Services are available to employees affected by a reduction-in-force for three months after termination. Please call a consultant first. We must have information on the referral before we can extend the EAP benefit.

